



THE PROBLEM WITH PARKING / page 3

POLITICAL MISOGYNY AGAINST KATIE HILL EDITORIAL / page 5

WOMEN MAKING STRIDES IN STEM AT SU GULL LIFE / page 11

SENIORS REFLECT ON TIME AT SALISBURY SPORTS / page 13



ABOUT

The Flyer is Salisbury University's student newspaper — composed by students for students. The organization was established in 1973 to keep the SU community informed and entertained.

Issues are published monthly throughout the regular school year and are printed by Delaware Printing Company of Dover, Del. A total of 900 copies are distributed on campus per circulation.

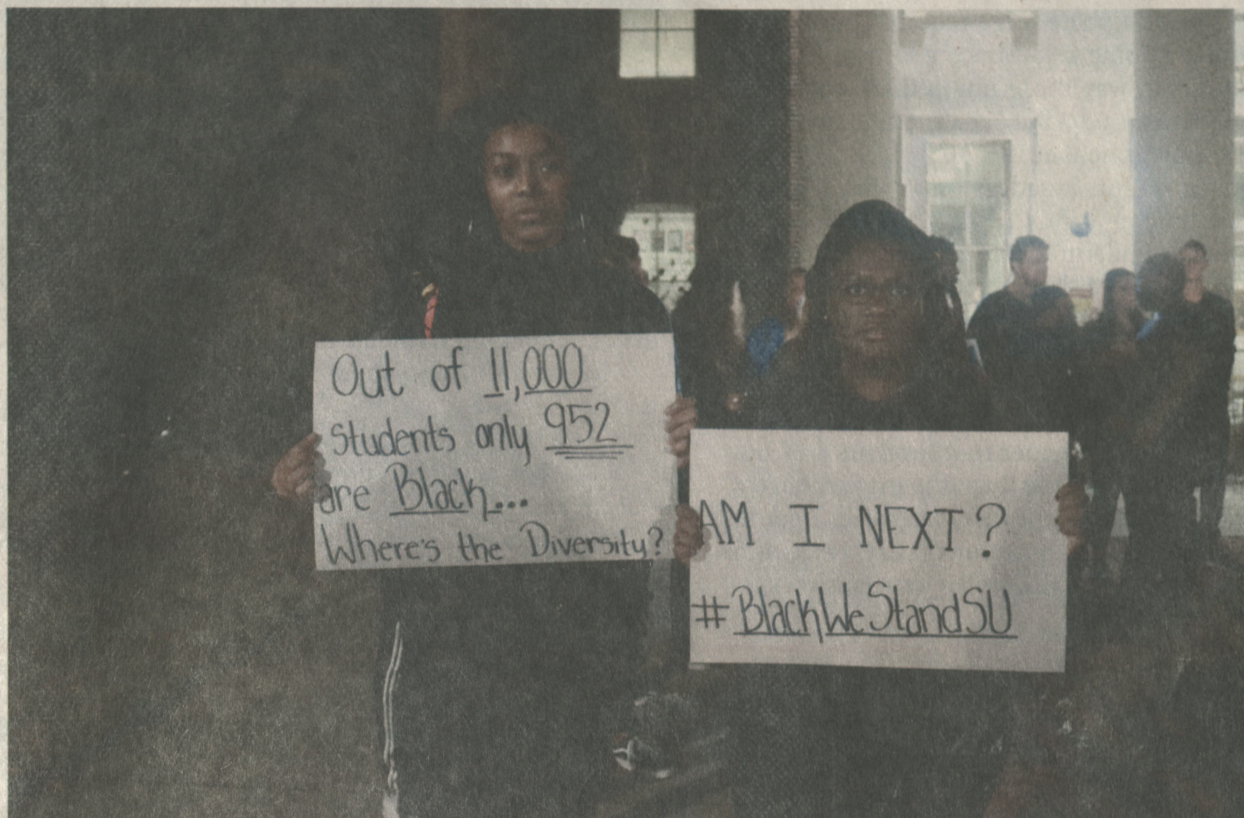
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Racist vandalism at Fulton Hall sparks student protests

SOFIA CARRASCO / Editor-in-Chief



/ Emma Reider Image

VANDALISM—Over 800 Salisbury University students banded together on Nov. 4 and 5 to protest the racist vandalism written on the walls of Fulton Hall and to demand action from the administration.

Fulton Hall has been vandalized by racist and violent writings for the fourth time this semester, and the SU Police Department has not found the person or persons responsible.

The writings specifically target female and African American students. The most recent one escalated to violence and mentioned the Sandy Hook Massacre.

The writings were all found in stairwells that have no cameras.

SU students gathered on Nov. 4 outside Fulton Hall to protest and demand action from the administration in response to this repeated vandalism. The protest was then moved into Holloway Hall and went from 2 to 4 p.m.

Glory Ngwe, a Fulton School of Liberal Arts student, was present at the first protest and was deeply impacted by this vandalism.

Ngwe feels unsafe on campus and in Fulton Hall, echoing the statements made by other students during the protest. She wants to see real action and change now.

"I need cameras put in that Fulton hallway now," Ngwe said. "You won't prevent this incident because it already happened, but it could prevent

other incidents from happening."

The protest in Holloway Hall consisted of a majority of African American students expressing their feelings of frustration, anger and sadness about this event, but there were also non-black students in attendance.

Ngwe said seeing support from other races and minority groups on campus made her feel like people care.

"In a situation like this, you feel like the world is against you, like the only people who look like me can empathize and can understand what I'm going through," Ngwe said. "But because I saw faces out there that weren't black, you know, there were white people and Asians and Hispanics, and I felt like, 'Dang, I guess people do care,' and that's awesome."

The following day, on Nov. 5, more than 800 students and staff dressed in black marched from Fulton Hall to the Guerrieri Academic Commons Assembly Hall to attend President Charles A. Wight's forum about the incidents happening on campus.

Students met at the fountain outside of Fulton Hall at 6:30 p.m. and proceeded to march up four floors of GAC to the Assembly Hall, where the forum was to take place at 7 p.m.

The Assembly Hall quickly reached capacity, and students were directed to overflow rooms where the forum was broadcasted. Students filled Perdue Hall Room 156, Henson Hall Room 243, Henson Hall Room 103 and Perdue Hall Room 151 to capacity to watch the forum.

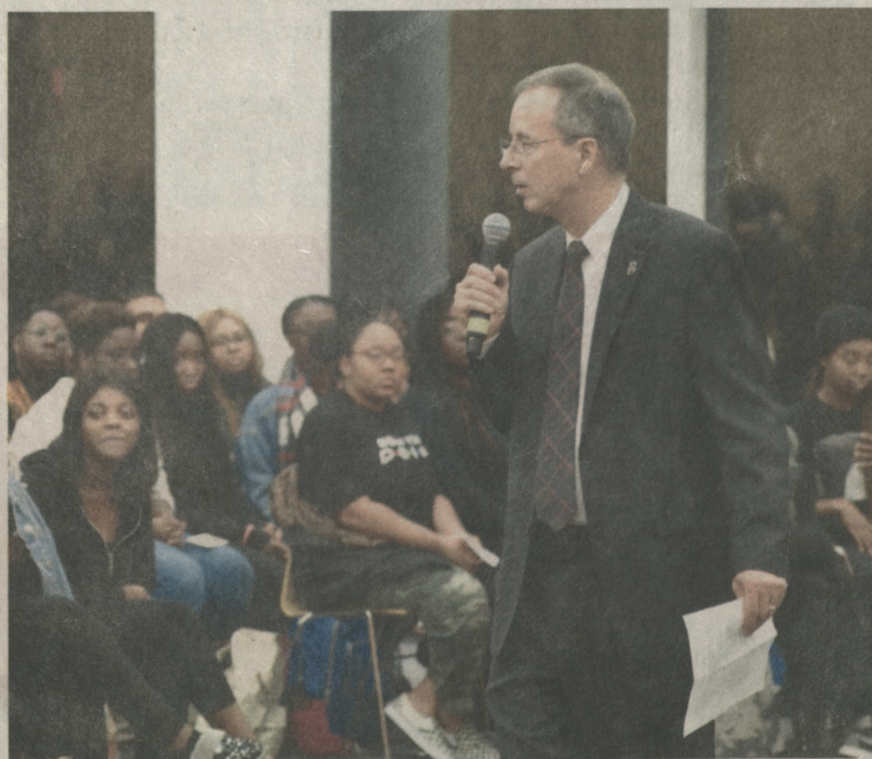
Wight stated the purpose of this event was to have a community conversation and to determine a path forward to address both short-term and long-term challenges facing the university.

Wight began the forum by expressing his own feelings of outrage about the vandalism occurring on campus.

"I am outraged at the vicious racially and sexually charged messages that have been left as a result of vandalism in one of our buildings, Fulton Hall," Wight said.

Wight continued to explicitly address the concerns about systemic and institutional racism at SU.

"Threats to black people in our community are threats to our entire community. They are threats to all of us," Wight said. "This should not be



President Wight addresses students / Brendan Link Image

VANDALISM / page 4

Salisbury grad advances to top media market

OWEN MILLER / Staff writer

One of the most visible Salisbury University graduates in the area is moving on to bigger and better things.

SU alumna Brooke Reese has moved on from her reporting position at WBOC to a reporting and weekend anchoring position at WKRN, an ABC affiliate in Nashville, Tennessee.

Nashville is a top 30 broadcast market, according to the Nielsen DMA rankings. The Salisbury area is ranked 138.

By the time she graduated, Reese was ready to hit the ground running, picking up a job with the WBOC station where she had interned during her time at SU.

"As part of the journalism and public relations track that I was on, there was a required internship, and I ended up doing an 80-hour internship, which wound up being way more hours than it was designed for," Reese said. "But I really fell in love with my practical placement at WBOC."

Reese's love for broadcast may have grown during her time at WBOC, but it found its roots long before her undergraduate career.

Reese had known she wanted to be on TV since the eighth grade. When she was a student at James M. Bennett High School, she joined the morning announcements.

"We literally just read the morning announcements off of pieces of paper that teachers had put into a mailbox, and I got to learn the ins and outs of all the different equipment that was there. I got to transition into different positions every week, and then my sophomore year, I took a journalism class,



/ WKRN Image

and I just really fell in love with it," Reese said.

This passion for reporting helped Reese in finding success at SU, where she quickly became involved with campus media outlets and developed relationships with her professors.

One professor, Dr. Jennifer Cox, was particularly close to Reese.

Cox had Reese as her student six times during Reese's undergraduate career and remembers her as a leader, remaining friends with her to this day.

"The greatest thing about Brooke as a student was that she always said 'yes,'" Cox said. "She was always looking for ways to learn about journalism, to practice her craft and to really educate students about the news they needed to know."

Educating her fellow students was one mission that Reese took the lead on during her time

at SU. She served as president of both the SU chapter of the Society of Professional Journalists and SUTV during her time here.

These experiences outside the classroom helped Reese develop the skills she needed to pursue her goals in broadcasting.

"For the majority of camera skills and editing, I wasn't a production student," Reese said. "SUTV in particular helped me to learn the kind of stuff I do today."

Although SU has developed more of a broadcast focus during recent years, prospective journalism students can learn from how Reese maximized what SU has

to offer.

Cox believes the example she set in terms of actively seeking out hands-on experiences should be modeled by both incoming and current students.

"She was a great example of how you can take a degree and turn it into a career while you are here," Cox said. "You can only learn so much in a classroom. You have to get out and actually practice your craft and learn about it from the people who are doing it."

Reese has many well-wishers from the SU community as she gets ready to start the next step in her career.

"We're so proud of Brooke, and we've always known she would go far," Cox said, speaking on behalf of the entire Fulton School of Liberal Arts staff.

Modlin hopes to cruise as chief of staff

JAKOB TODD / Staff writer

For Eli Modlin, much has changed over the years — except the scenery.

That is because Modlin, 26, was named the chief of staff at Salisbury University shortly after he spent five years at SU working toward his degree and bouncing between his current role, deputy chief of staff and director of government and community relations.

A political science-turned-communication arts major, he quoted how "luck is the intersection of preparation and opportunity" to describe what he found at Salisbury.

However, it was not a one-way trip from the classroom to the office of the president.

After spending five years at the university — three and a half of which were spent in part as an SUTV news anchor — Modlin was determined to pursue a career in broadcasting.

He had already been able to meet Maryland's governor, mayor and legislators through SUTV, which he credits as eventually helping him land the chief of staff position.

Professor David Burns, who served as SUTV's faculty advisor during Modlin's tenure with the club, was impressed by the then-SUTV president and general manager's "innate ability to understand SU's unique position both on Delmarva and throughout Maryland," ultimately leading to great expansion and recognition for the club.

Under his leadership, SUTV was recognized as SU's Outstanding Registered Student Organization.

Yet, just days away from signing a contract with a local news station, Modlin received a call from the Comptroller of Maryland Office and agreed to join as a special liaison officer, feeling he could fall back on broadcasting but should take this chance.

Eventually, he would go on to return to his alma mater, now serving as chief of staff and director of government and community relations, simultaneously managing the operations of the office of the president while also maintaining community partnerships by working with local and state officials.

Modlin said he "bleed[s] maroon and gold," and that each day at work, the pleasure is all his.

"It's an opportunity of a lifetime to work at an institution this special. It's an opportunity of a lifetime to be a student at an institution this special," Modlin said.

Dr. Maarten Pereboom, the dean of the Fulton School of Liberal Arts, worked closely alongside



Featured image: Eli Modlin / Salisbury University Image

Modlin as they collaborated on a video project commemorating the 25th anniversary of the Fulton School, calling him "a consummate professional."

Pereboom regards Modlin as someone who "keenly understands both the nuances and the importance of our relationships at the state and local levels of government."

Hailing from Catonsville, Maryland, Modlin was first drawn to Salisbury because of its reputation for accommodating students so well.

"The staff and the faculty really care about the students, inside and outside the classroom," Modlin said.

Modlin suggested students seek out clubs and

internships that cater to their career and personal interests, as he did with SUTV.

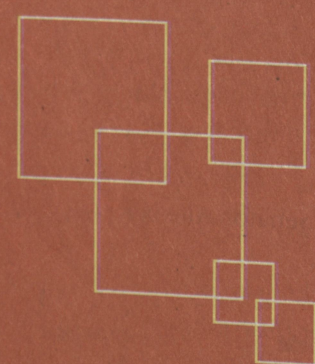
He also recommended joining groups that bring students out of their comfort zone as well. He interned at the Nabb Center, where he was able to apply skills learned from a communication arts course, despite not having a particular interest in research.

Additionally, Modlin conveyed that it is "important to maintain some of the connections that social media and technology often pull us away from," and that being open to new experiences and networking are just as important.

"Get involved in as much as you can. That's what led me to jobs. That's what ends up differentiating you from your competition."

Write for News

contact editor
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for information



Entrepreneurs flock to fall Shore Hatchery Competition

OWEN MILLER / Staff writer

For some fledgling entrepreneurs, Oct. 25 was not just another day, but it was another dollar.

The fall edition of the Perdue School of Business Ratcliffe Foundation Shore Hatchery Competition took place during the last week of October.

First place and a \$50,000 prize went to 360VR, a company specializing in creating digital tours and floor plans started by two University of Delaware seniors.

Three other winners also received a \$15,000 prize each: Overwatch Golf, a Baltimore-based company that offers golf course photo and video work; Linnel Luxury Child Care, a proposed childcare center with plans to offer comprehensive care and Minds in Motion Children's Museum, a proposed museum in Salisbury aimed at teaching young minds about Eastern Shore history and industry.

This biannual business competition is open to any mid-Atlantic business startup.

During this event, entrepreneurs present their business models to a panel of judges, who in turn divvy out \$200,000 worth of grants.

The style of the hatchery competition is similar to that of the student competition, but contestants do not need to be affiliated with Salisbury University.

"The state of Maryland and Ratcliffe Foundation heard about what we're doing with our student competition, and they came and gave us an opportunity to pitch to them what we can do for the greater community," said Shore Hatchery Director William Burke on the foundation's website. "Then they gave us \$1 million to distribute over five years to entrepreneurs."

This competition breaks the idea that "nothing in life is free" in that while winners are expected to report their future revenues, they are not expected to pay interest or give up shares of stock to the Ratcliffe Foundation.



/ Owen Miller Image

A young business receiving no-strings-attached funding is a rare and potentially vital opportunity.

"I didn't know that competitions like this existed. I didn't really think that people would give you money without you paying them ... I think it's an incredibly generous thing that they do. I think it speaks to the nature of the school and the organization that put this together," said Seth Ainsworth, a contestant representing Overwatch Golf.

The Ratcliffe Foundation is indeed being generous. The idea behind this initiative is to support local businesses that could bring jobs to the Mid-Atlantic region. The initiative has been successful thus far, with investments generating revenue upward of \$4 million over the past five years.

Marianne McGinley, founder and CEO of LOKALPHOTO, a service that brings working photographers and prospective clients together, believes that the contest shows the true spirit of modern entrepreneurship.

"This competition is about showcasing the innovation coming out of Maryland and the eco-

nomics benefits that could be achieved if these companies are successful," McGinley said.

Entrepreneurship can come from anywhere, and the Ratcliffe Foundation helps to make these dreams become reality.

A wide variety of contestants and ideas were represented at the competition, from the Lively Susan, Quenetics' improvement on the traditionally known lazy Susan, to Overwatch Golf's drone tour creation service golf caddie.

Business ideas were shown to come from all walks of life.

"I was a very busy mom feeling behind the 8-Ball when it came to booking photo sessions for my family, and I realized there was a huge opportunity to bring photographers together into a

centralized platform," said McGinley when asked how she started as an entrepreneur.

Events like these are also important because they promote communication between local businesses and help to form an entrepreneurial community.

The importance of this communication was captured by Quenetics president Greg Brown.

When asked what he thought this competition was about, Brown kept it short.

"It's about creating ideas and fulfilling them. I think people have unique concepts ... and this gives us the ability to present that," he said.

An entrepreneurial community is also important in that it gives business leaders an opportunity to collaborate.

Collaboration with an experienced business can be essential to a young business's growth, and competitions like this one give small businesses the opportunity to make necessary connections.

"I've been meeting with other companies that have been providing me guidance regarding their growth and how they did it," said McGinley.

Parking at SU continues to present problems

ABBY SINGLE / Staff writer

PARKING—Parking remains one of the most contentious issues across college campuses today.

Who can park where, how much parking is available and what is being done are questions that many students have. Salisbury University is no exception.

On Oct. 29, students had a chance to participate in a Parking and Transportation Town Hall and voice their concerns over the parking situation.

Increased fines for improper parking on campus have contributed significantly to the unrest among students who may be expected on campus for meetings or appointments, as explained by Student Government Association Junior Speaker of Senate David McCreary.

"A senator on our committee got an \$80 ticket when he was coming to our committee meeting to talk about parking, so it has definitely affected a lot of people," McCreary said.

The root of the issue is difficult to identify. There is confusion surrounding whether this problem is due to lack of space or lack of planning.

SGA senior Senator Alexis Kelser believes it to be both.

"The GSU parking lot is half empty, but the parking lot is full near the freshman dorms," Kelser said. "I don't think that they [the university administration] planned efficiently the amount of the freshman class that was going to come in and being able to make sure they could all fit in Wayne or Avery or offer some garage passes."

The need for ample on-campus parking is es-



/ Chronicle of Higher Education Image

sential for commuters or off-campus inhabitants of the Salisbury community, as many congregate in the library during the evening hours to complete their studies.

When asked if the new ticketing policy authorizing officials to ticket those parking on campus after hours would impact students and their accustomed study routine, Kelser responded with a condemning "Yes."

"There is plenty of space for parking at night, so there is no reason at all to do it [give students tickets]," Kelser said.

"People are not going to have the freedom to come to school events or study with study groups," McCreary said.

For some students determined to study into the evening, they are forced to park far away from academic buildings, sometimes as far as Sea Gull Stadium.

As dusk comes earlier and earlier, the problem only exacerbates itself. The parking lots and garage have been the sites of assaults and burglaries in the past.

"It's just not safe to walk from there at night, not only when it gets dark, but when it gets late," Kelser said.

McCreary believes that restructuring the parking schedules and passes to serve more vehicles is tough, but doable.

"I definitely think that we can," McCreary said. "I think taking a step towards fixing it, in a good way without affecting a lot of different groups, would be groundbreaking and helpful for everyone."

The door is always open to anyone who would like to voice their opinion or help make a difference in issues occurring on campus.

"I have always tried to advocate for people to come to SGA, because we try to be the voice of the students as much as possible," McCreary said. "Administration is amazing at making the rules and things that guide us, but they don't always have the answers."

McCreary encourages all to approach administration with concerns, as they are very open.

"I also think that it would be important for students to come in, just because we really want to know what they are thinking," Kelser said.

Students can voice their concerns with parking either by contacting the Parking Services office or SGA.

Salisbury student wins viral video contest

JAKOB TODD / Staff writer

CONTEST-Few people have ever come out rich after a shopping spree, but one Salisbury University student has beaten the odds.

SU sophomore Leah Disbennett managed to add \$7,500 to her bank account after making a video that went viral for this year's Shop Maryland Tax-Free Week Photo/Video Contest, hosted by the Comptroller of Maryland and Maryland Retailers Association.

The surprise announcement was made at Sea Gull Stadium, where Disbennett was able to share the special moment alongside her family as well as respected members of the local legislature and Salisbury faculty.

"I had no idea," Disbennett said. "It was like a complete surprise to me. I thought it was something for my dad, because my dad is an employee here and he recently won Employee of the Month."

Her father managed to keep the charade up all the way to the stadium.

Disbennett said, "I had no idea. And then they played my video, and I was like, 'Wait, what?'"

Her winning video, which beat out hundreds of others, was broadcast to all those in attendance.

The contest is open to all college and trade school students across the state and calls for entrants to submit a fun photo or video of themselves shopping with Maryland pride under the hashtag #ShopMD-TaxFree on Facebook, Instagram or Twitter.

Presented by Maryland Retailers Association President Cailey Locklair and Maryland Comptroller Peter Franchot, the prize for first place was \$2,500. SU and the University System of Maryland then each matched the award, netting Disbennett a grand total of \$7,500.

According to Investopedia, the average college student earns no more than \$5,000 in scholarships



/SU Public Relations Image

during their college career.

As student debt continues to rise, students continue to try to relieve the burden of education any way they can.

The former Mardela Middle and High School valedictorian finds relief in every dollar.

"It's always nice to have that backup money and to know that, 'Okay, I can do this, or I can go here, and I can work towards graduate school.' It allows a safety for me, so it's very rewarding," Disbennett said.

Economics isn't her major, but the economics of attending SU versus anywhere else made it an easy choice.

Disbennett, a psychology major with a minor in dance, recommends that students seek out as many scholarship opportunities as they can because they can lead to endless possibilities. She believes that just by growing the number of scholarships she applied for played a part in earning more scholarship dollars.

"Always [apply] because you just never know what the results could entail ... so it's always worth

it," said Disbennett.

Other Salisbury University students can also do some "bargain shopping" by using the Academic Works site located at salisbury.academicworks.com, which houses all SU Foundation scholarships in one place.

By simply logging in with their university credentials and filling out a short general application, the database automatically matches applicants to every scholarship opportunity for which they meet the minimum requirements.

Michael Elliott, SU's financial aid coordinator, praised the site for "tak[ing] the 'guesswork' out of trying to find what's available," making the process much smoother for both parties.

The 2020-21 scholarship cycle for Academic Works opens Dec. 1.

For more information on how to apply for scholarships, students can contact the Financial Aid office. ■



Vandalism/ from page 1

us, and that's why I'm just mad as hell."

The first half of the forum allowed students to express their feelings and ask questions directly to the administration or SUPD about what is being done on campus.

SUPD Chief Edwin Lashley assured students the vandalism is the subject of an "intense, ongoing police investigation." Lashley has also increased police presence of both uniformed and plain-clothed officers around campus.

Students were able to talk on the microphone or write in questions.

Senior Corey Young took to the microphone to directly ask why the threat of violence was not taken seriously.

"The fact that classes and activities went on as planned seemed like the threat was not taken seriously immediately at that time and that the administration is not fully behind our safety," Young said. "Why were classes not canceled and why other actions weren't taken at that time? And how in the future the administration's response will change to a school shooter threat?"

Wight apologized for the lack of action and stated he was not informed about the situation until 2 p.m. on Nov. 4.

"We did not act fast enough. But I can tell you there are formal methods of assessing whether or not threats are imminent credible threats, and I can tell you with confidence that the assessment of this threat was that it was not imminent," Wight said. "So, there was no rush to cancel classes."

An anonymous student stated at the forum that some SU professors were assigning this event as extra credit for their classes, which outraged many students, but administration glossed over this piece of information.

Aniah Gopaul took to Facebook later that night to admit she wrote the question and express her frustration about the response to her question.

"This isn't an event you attend to raise your grade. You attend it to SUPPORT poc [people of

color], to fight for JUSTICE, to UNDERSTAND why this is something increasingly important," Gopaul said. "My struggle and this HATE crime ISN'T an EXTRA CREDIT OPPORTUNITY!!!"

This question sparked concerns from students about the diversity of faculty and the lack of professors of color. It also led to questions concerning the diversity training that professors receive as well as safety protocols in the event of an active shooter.

Dr. April Logan, associate professor of English, spoke out at last night's forum to address the issue of minimal diversity and inclusion training for staff.

Logan expressed her respect and support for students who showed up last night and let students know that a number of faculty members are supporting them and are behind them.

"But I want to make a point of clarification: diversity training for faculty is not mandatory. It is not required," Logan said. "The training that is mandatory is related to legal matters and issues, like how to address sexual harassment or direct discrimination. It is not trained to teach people about awareness, racism, sexism and consciousness."

Logan added it is also very difficult to enforce these online trainings, and to her knowledge, active shooter training is also not required.

The second half of the forum consisted of students offering up solutions in order to prevent these incidents, increase diversity and inclusion on campus and to overall make campus safer for people of color.

Wight sent out a school-wide email on Nov. 6 detailing the actions SU is taking in response to student concerns.

Wight stated that he is committed to doing a better job at communicating with students and staff and is working on adding to the existing Alertus emergency alert system to contact students with important information.

The administration has set a goal of achieving 100% faculty and staff compliance with diversity and sensitivity training. Wight also stated that he is working with the faculty senate to revise the curriculum to be more attentive to the growing diversity of the student population.

The SU Police Department has also deployed additional resources and allied with local law enforcement to maintain a safe campus at SU. Wight encourages anyone with information that could lead to the apprehension of suspects to contact University Police at (410) 543-6262.

Following these protests, students took it upon themselves to post sticky notes on the walls that were previously vandalized with positive and thoughtful notes such as, "We have so much love to give" and "SU is US." ■



/President Wight Image

EDITORIAL

HIGHLIGHTS

BARK FOR LIFE PICTURES / p7

Katie Hill: A victim of revenge porn

MELANIE RAIBLE / Editorial editor

WOMEN IN POLITICS- Katie Hill and the release of her intimate photos are a prime example of why more women don't run for political office.

Up until Oct. 27, Hill was a congresswoman from California, but she has recently resigned after nude photographs of her were released to the public. She only served as the U.S. representative for California's 25th Congressional District for a little under a year, having been elected in October 2018.

There were allegations that Hill had an inappropriate sexual relationship with a member of her congressional staff. These allegations came to light after her husband, whom she's currently divorcing, released nude pictures of her and one of her staff members.

The conservative website RedState published her implicit photos, and by releasing them to the public, it was able to use them as a tactic to smear her and her campaign.

The following was taken from her resignation speech last Thursday: "I'm leaving because of a misogynistic culture that gleefully consumed my naked pictures, capitalized on my sexuality and enabled my abusive ex to continue that abuse, this time with the entire country watching."

Hill was a not only a victim of revenge porn, but also of a double standard. There have been various times when men in the political office displayed sexual misconduct, but got away with it without even a slap on the wrist.

Take a look at Donald Trump and his alleged relationship with adult film star Stormy Daniels. This incident was only a blip in the president's time in office and will have no impact on his



This image features Katie Hill giving her resignation speech last Thursday / Washington Post Image

chance for re-election.

Or what about the infamous scandal concerning Monica Lewinsky and Bill Clinton? Clinton had his fair share of scandals, but unlike Hill, he didn't have to face the same pressures to resign from office. Clinton was impeached partly due to the fact that he lied under oath about his relationship with Lewinsky, unlike Hill, who was honest and admitted her affair with one of her staffers in the final years of her abusive relationship with her husband.

Salisbury University senior Bethany Nehring feels saddened by how this situation was handled.

"It really breaks my heart to see that a woman

KATIE HILL / page 6

A day in the life of SU SGA president Devin Neil

LAURA AMRHEIN / Staff writer

DAY IN THE LIFE-Classes, work and many meetings fill the day of Salisbury University senior Devin Neil. Neil is the Student Government Association president. He is also an active brother of Sigma Tau Gamma.

As the president of the SGA, it is essential that Neil interacts with various students, faculty and staff every day, which can make his days rather busy.

On a typical busy day, Neil tries to wake up around 7 to 7:30 a.m. and often grabs coffee and breakfast on the go as he heads to campus, where he will spend the majority of his day.

"Usually, sometimes when I'm running late, I'll just grab a banana or an apple. Sometimes when I feel like being a little boujee, I'll buy, like, a bagel from Cool Beans ... a bagel is like, I have a long day ahead of me," Neil stated.

When he gets to campus, the first thing Neil prioritizes is checking his email. As SGA president, he receives many emails from students and faculty voicing concerns or asking questions.

"Usually I'm on campus around 8:30 or 9 a.m., and I check my mail and I see who is emailing me, or what is going on around campus, because it is the start of the day, and I want to make sure that I'm responding [to] people if there are pressing matters or questions," Neil stated.

After taking the time to answer emails and catch up on what is going on for the day, Neil heads to class or goes to work. Along with being a part of the SGA, Neil works on campus in the Office of Student Affairs. After class or work, he often has meetings as president.

"Around 10 a.m., I usually go to either work or class, depending on the day, and I am usually working on campus or in class until around 12:30 [or] 1 p.m., and then I usually have class or a meeting, and then I go into my office hours [for the SGA] where I may work on certain projects or



SGA President Devin Neil / Salisbury University Image

review things for another meeting the next day or a committee, or I have another meeting scheduled for that time," Neil stated.

Once Neil finishes up his office hours that he holds for SGA or any meetings that he has, he focuses on homework, as he is a full-time student.

"I [am] usually on campus doing homework or other work for the Student Government Association until around 8 p.m., and then I'll head home," Neil stated.

Neil's day is often very busy, filled with schoolwork, work and duties that he must fulfill as the SGA president. By keeping a good routine, Neil is able to accomplish all he needs to each day and is able to make sure that students' voices are heard on the different issues that surround SU. ♦

Write to the Editor

Letters to the editor are welcomed and encouraged. Students, please include your name and class. Faculty members, please include your department. Letters should be no longer than 400 words. The Flyer reserves the right to refrain from publishing any text. Please email your letter as an attachment to Editor-in-Chief Sofia Carrasco or in person at Office 125-M in GSU's Student Activities Center (CSIL). Deadline for submission is Friday at 5 p.m. Please email letters subjected "Letter to the Editor."

Sofia Carrasco
scarrasco1@gulls.salisbury.edu
Editor-in-Chief

Katie Hill / from page 5

who was given power had it ripped completely away from her under such terrible circumstances. Kat[ie] Hill not only endured years of abuse from her husband, but now has to endure abuse from the media as well," Nehring said.

Unfortunately, revenge porn is becoming an increasingly used tactic not only in the po-

litical world, but in many other avenues as well. Women are constantly having to defend themselves against allegations, old photographs, etc. just to prove that they are worthy and capable of holding power.

The purpose of revenge porn is to discredit the victim by exposing their privacy. Despite what the media may por-

tray, however, a woman's sexual life does not determine her ability to lead others.

Regardless of whether or not what Hill did was ethical, she did not deserve the misogynistic right-wing smear campaign that caused her to end her career. It is time that these tactics are put to rest. No one deserves their privacy to be revealed in such an insensitive way. ♦

The growing epidemic not enough people are talking about: Mental health

DAELYN FUNK / Staff writer

MENTAL HEALTH-Mental health is a big issue. And not just on campus, but for the majority of people our age. You could go almost anywhere, but if you're around people within three to four years of your age, chances are about half of them are struggling with their mental health.

The most prevalent mental illnesses today, especially among college-age students, are depression and anxiety, and those are the disorders I will be focusing on in this article.

First of all, for those who are struggling, I want you to know one thing: You are not alone.

I cannot stress that point enough. If you reach out to someone who cares about you, they will help you, whether that means walking you to a professional who can help or just sitting down and talking with you about whatever's on your mind.

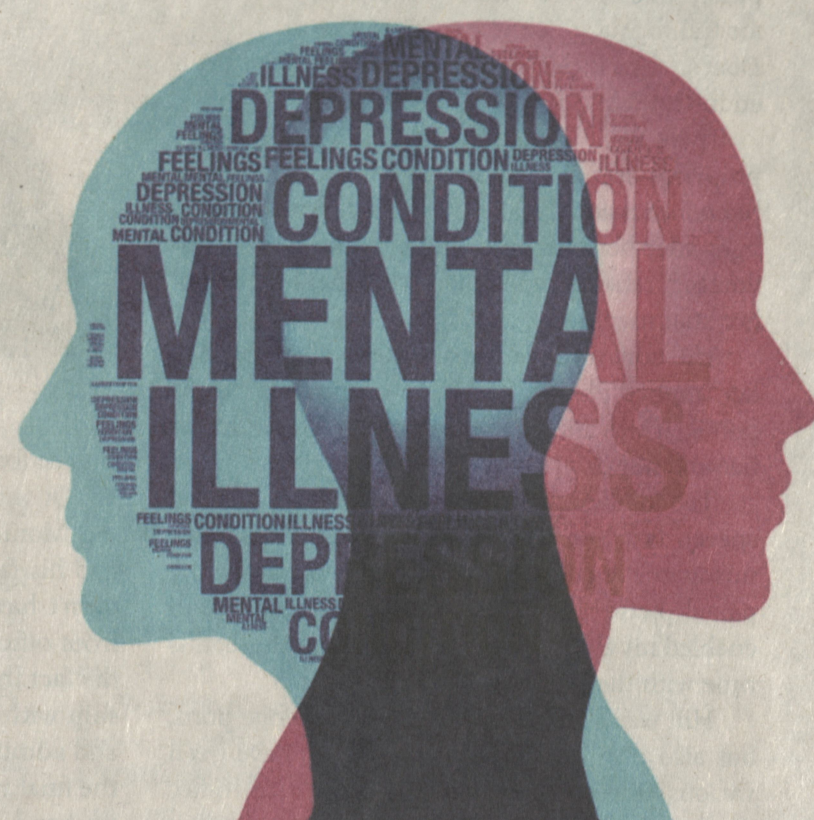
Earlier this week, I spoke with Nikki Allen Dyer, the acting director of the counseling center at SU, about some resources students have and some ways a friend can help someone they care about when they're going through a tough time.

From our conversation, I've made a list of signs to watch out for in others and ways to take action in the fight against depression and anxiety.

1. Awareness

The very first thing Dyer said in our interview was this: "Being aware of your symptoms is a huge key. Really be in touch with what's going on within ourselves."

Being aware not only of yourself and how you feel, but also the environment you're in can make a huge difference. Just getting yourself out of a place or situation that might be damaging could be the difference between a good and a bad day.



/ istockphotos image

2. Speak Up

This goes mostly for the friends of the affected student. If you notice them slacking behind on their schoolwork or resigning themselves from social activities more than is usual, a gentle nudge or just an "I see you" can be a big help, too.

"Really going into that with really a spirit of care," Dyer said. "You know, [say] 'This is what I'm observing, and it seems like it's a change for you, and I'm concerned about you. I don't know if you want to talk about something?'"

The smallest things can affect these people in the best ways. Just bringing up the issue can make a difference. It can make a person feel seen.

"More often we hear," Dyer went on, "that peo-

ple feel validated. They can feel some level of comfort even that people are noticing, because the flip side of that can be, 'I'm having these difficulties, and no one is noticing,' which can feel very isolating."

3. Reach Out

There are a plethora of different organizations and people to reach out to in the case of an emergency. If you or a friend feel that you are a danger to yourself or others, you should call for professional help.

1-888-407-8018 is the number for the Eastern Shore Crisis Response and Resources Helpline.

1-800-273-TALK (8255) is the National Suicide Prevention Lifeline. Its website is suicidpreventionlifeline.org.

Even just calling 911, the SU Police (410-543-6222) or the Salisbury Police (833-SBY-CITY (729-2489)) could help.

Anyone within first response training is trained and equipped to help in a mental health crisis.

Once again: You. Are. Not. Alone. There are people all around you who would drop everything for you. You are loved and people do care about you. You are never alone if you don't want to be. This is especially true in the age of social media.

And for others, check in on your friend every once in a while. Send a text, Snapchat, Instagram, Tweet, etc. just to say "hey" and let them know that you're thinking about them. A simple text can go a long way, and a lot further than you realize.

Stay strong and stay safe. ♦

Experience the Maryland Renaissance Festival

MELANIE RAIBLE / Editorial editor

RENAISSANCE FESTIVAL- If you've ever wondered what it was like living during the Renaissance period, hopefully, you had a chance to attend the 2019 Maryland Renaissance Festival.

The festivities began on Aug. 24 and went until Oct. 20. It was open rain or shine, and unfortunately, on the day I attended, it sure was a rainy one.

However, even though I was soaked from the time I arrived to the time I left, I still couldn't help but smile nearly the whole time from the energy radiating throughout the festival.

There were so many people dressed up in Renaissance clothing, and I truly felt like I entered a time machine and was teleported back into the era of jousting and Leonardo da Vinci.

If you had a chance to go to the Renaissance Festival, you were well aware of the abundance of activities that were offered. There were games, shops and my favorite part ... the food!

Naturally, the first thing I did when I arrived at the festival was go buy a chicken gyro at one of the stands. I'm not exaggerating when I say it was the best gyro I've ever had.

Of course, eating wasn't the only thing I did while I attended the festival. I played a lot of games including darts, archery, the maze, Jacob's Ladder and many more!

The maze was by far my favorite game, even



/ Maryland Renaissance Festival Image



Geodes / Melanie Raible Image

though it took me a staggering 15 minutes to escape. At one point, I was afraid I would never find my way out, but thankfully, someone came to my rescue and helped guide me to the exit.

Maddie Roberts, a senior at Salisbury University, shared her favorite part of the festival.

"I would have to say that my favorite part of the festival were the bars that were scattered all over the grounds. I bought a beer, and it came in a super-cool mug that I was able to keep!" Roberts said.

There was even a shop specifically selling crystals and rocks, which is where I bought a geode. A geode is a rock that, when cracked open, reveals sparkling crystals. The following

is a picture of my geode that revealed calcite on the inside.

Geodes are said to help people communicate with divine beings and cleanse the air to create better moods and energies that can be used with meditation, to relieve stress and help with decision-making (which I'll definitely need during finals week.)

Overall, the Renaissance Festival was a super-fun experience that will make you feel as if you went back in time. Whether you go to the food stands, bars, games or the jousting arena, you will truly believe you are back in the 14th century. ♦

Bark for Life Fundraiser in Red Square

CAROLINE STREETT / Gull life editor

BARK-Salisbury University students came out to Red Square on Oct. 29 in support of Relay For Life.

The event, Bark For Life, was styled as a fun, stress-relieving event in which the SU community was invited to bring their dogs and donate to cancer research.

At a \$5 fee, the dog-owning participants of the event were given a Halloween-themed goody bag complete with dog treats, a Relay For Life bandana and a tennis ball.

SU junior Kennedy O'Malley was all smiles in Red Square as she detoxed from a stressful day by petting her new furry friend with her fellow peers.

Although O'Malley doesn't have a dog of her own with her at school, she was still happy she attended the event.

"This was for a great cause, and on top of it, it's always heartwarming to see how happy it not only makes other students, but also the dogs," O'Malley said. "The wagging tails were all the more reason to come out for an important cause."

The motto for the event was to "celebrate, remember and bark back against cancer." ♦

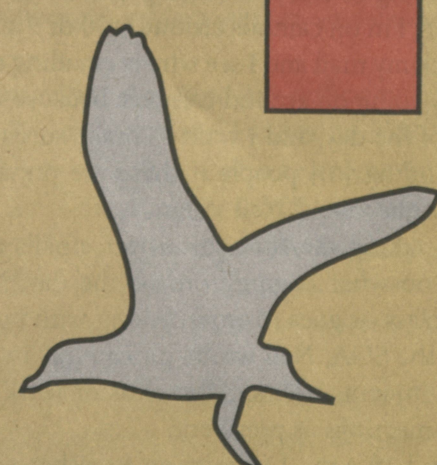


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WOMEN MAKING STRIDES IN STEM AT SU / p11

Our First Job Search website leads SU students to new beginnings

ANNIE GEITNER / Staff writer

JOB SEARCH-"Wherever you are, it starts here." This is the slogan for Salisbury University's very own job search website. It was created and is managed by the students in Content Creation & Inbound Marketing and instructor Paula Morris. It was developed fall of 2018 and has been growing ever since.

When addressing the original concept idea for the site, Morris said, "Their [the students'] vision was to create a place where students could find the information they need at any step of the job search process without feeling overwhelmed."

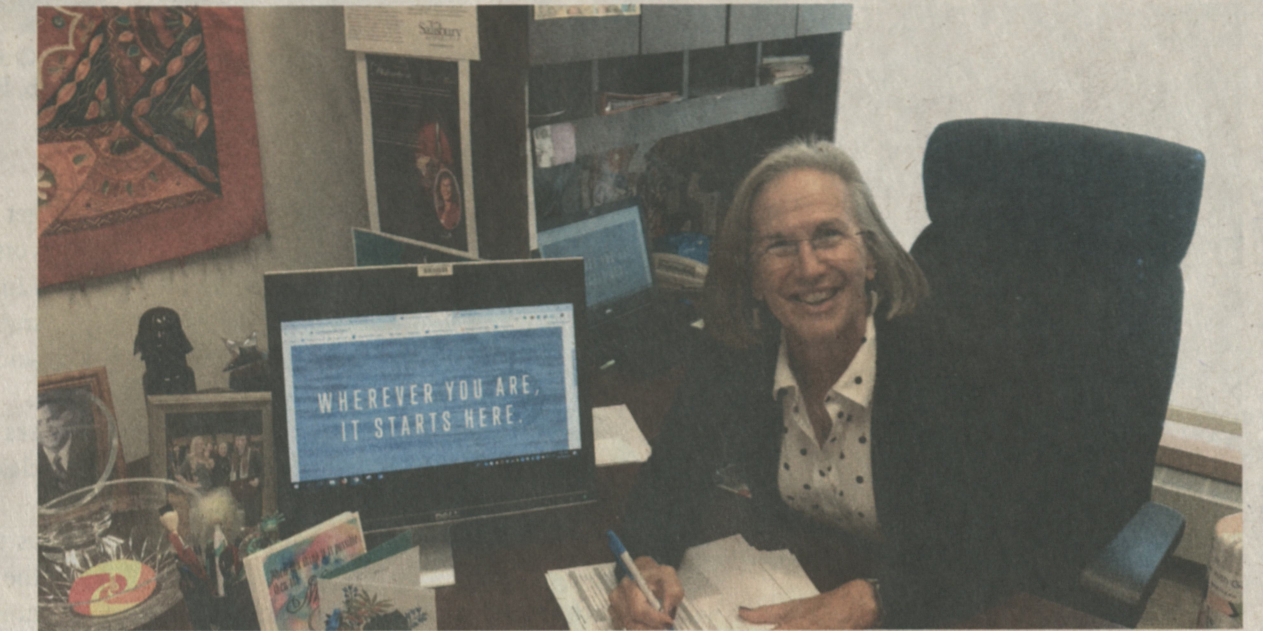
The goal was to eliminate the sheer amount of content those searching for jobs had to shift through.

It started with that simple principle in mind, and every year, it has grown larger and larger, adding more modules for students to use.

Garret Neville, the teaching assistant for the course and former SU student, feels that the course has grown in many ways since he was a student here.

"I think this semester, the students have grasped the concepts earlier than we did our semester," Neville said. "The website is now theirs. Anytime they have a good idea, 99% of the time, Paula would never say no. They are taking it ever further; they are building on all the social media platforms now."

Our First Job Search offers access to things like "Job Search Tips," "Tips from The Pros" and



Content Creation and Inbound Marketing instructor Paula Morris sits proud in front of the fully student-made and student-run site ourfirstjobsearch.com/ Annie Geitner image

even "Student Success Stories."

Each class develops new ideas that help the site grow. Morris talked about how the success stories are a newer feature to the site.

"We now have added success stories. These are students who have found jobs," Morris said. "Recent grads who have found jobs, who have found internships, sharing tips for each other."

This pillar of the site is to bring confidence to students wondering if they, too will be able to find a job.

The class is structured into six teams that make sure the website functions on a day-to-day basis. Each team has a specific job or function to

perform for the class. Morris explained that this team-like structure focuses in on the students' different strengths.

"There are six teams that keep it running," Morris said. "There's a team about content creation and refinement. The web team does the maintenance on the website. There's an SEO team, which is search engine optimization; it is the team that helps search engines find the site. A storytelling team; they understand the target audience. Then there's the external promotion team, who is reaching out."

The only way that those teams can keep the mission for the site concentrated and on track is

JOB SEARCH / page 10

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Student experts in 3D printing provide assistance in producing prototypes

JACK FIECHTNER / Staff writer

3D PRINTING-Salisbury University's 3D Innovation Lab is a place where your imagination can take physical form and become a reality.

Whether it be for a business prototype or for your own personal amusement, the 3D lab allows you to bring any number of ideas to fruition.

Any SU student, faculty or staff member may use the 3D printers for free once they have completed a short training session.

Once they have completed the session, students and staff are required to fill out a form consisting of a brief description of their vision. Following the completion of the form, one is then sent email updates on the estimated time of production and the project's progress.

All you really need is an idea, and SU workers like the 3D Lab Lead Innovation Consultant Bradley Kunzman and Entrepreneurship Consultant Graduate Assistant Jenna Drewer are tasked with making your vision a reality.

Kunzman, an SU senior with previous experience working for a 3D printing company, has done prototypes for SpaceX and GE Autos. Kunzman described the company as having up to 20 industrial-quality printers costing up to half a million per printer.

Drewer is a graduate student who previously partnered with a student from the University of Maryland Eastern Shore and competed in SU's annual Entrepreneurship Student Competition. Their idea was photo-electric safety cones that would alert someone within a certain radius with sensors attached to the cone, being beneficial to demolition and salvage crews and for chemical spills.

This idea advanced them to the second round and placed them in the top fifteen in the competition. Drewer plans to compete in an upcoming competition this year with another new and innovative idea.



SU 3D Lab Lead Consultant Bradley Kunzman poses with the innovative technology the lab has to offer Jack Fiechtner Image

Professor and Director of Innovation Lab Gene Hahn insisted on students using the free service for any business ideas or creative projects.

"Workers like Brad and other consultants are here to help people realize their ideas and make them tangible," Hahn said.

After being shown the 3D printers in the innovation lab, I got to witness the construction of some doorstops for the classrooms upstairs.

In describing the process at hand, Kunzman said, "It is like a hot glue gun that is used to melt and mold plastics into specific parts of a piece."

The printers use plastic, synthetic wood-plastic hybrids and a metal-plastic material for demonstrations or prototypes. Anyone can use the innovation lab with unlimited uses.

In the spirit of Halloween and the new "Joker" film, one of my prints consisted of a zombie Joker mask.

After processing the order through the lead innovation consultant, there turned out to be five total pieces. One piece took 21 hours to print and the other took 15 hours, and that is only two of the five pielt took about a week to fully print and glue together the pieces of the mask. For a free mask, the product was what I expected it to look like from the picture, but not the feeling of it.

The mask's material is very thick and robust, giving it a sturdy feeling.

The indents in the face of the mask were made with a great amount of detail and would provide a painter with the perfect zombie canvas for the mind to explore.

The process has been known to take long periods of time while printing with very precise detail, measuring to the tenth of a degree per measurement to construct a perfect virtualization of your product, as seen with the Joker mask and the Master Chief desk toy.

Many entrepreneurs in the Perdue School of Business have used the 3D printers for their prototypes and pitches. 2019 SU graduate Collin Moshedi used the printer to his advantage for his product the Fog Farmer.

Fog farming consists of dangling the roots of a plant using aeroponics technology to create plants

3D PRINTING page 10

3D printing / from page 9

using 90% less water, decreasing timespan of growth and increasing yields.

Moshedi felt the Innovation Lab was extremely beneficial in aiding his success.

"The ability to transform my digital designs into physical parts so quickly and cheaply proved invaluable to the development of my product," Moshedi said. "The Innovation Lab has the potential to make a national impact on our economy, and SU would be wise to invest further into the project."

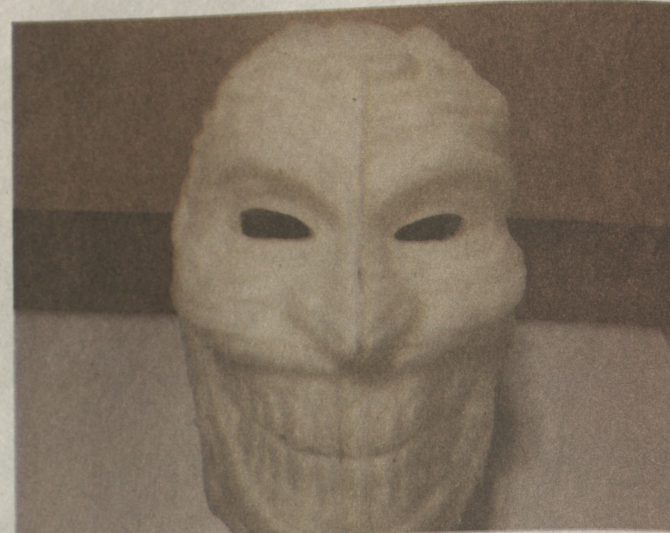
Another SU student, Imani Hassel, used the

printers to pitch his new kind of toilet bowl cleaner called The Loo.

If you are interested in learning more about the precise ins and outs of the 3D printing world, sign up for the Info 333 class.

Drewer said that "students start by making business card holders and ended with printing their own 3D products for their business idea."

If you have any interest in using the many resources of the innovation lab, stop by Perdue Hall Room 132 for a free 3D-printed souvenir courtesy of the innovation lab.



Crafted by the 3D consultant workers at SU's Innovation Lab, this Joker mask is one instance of a student's creative ideas becoming physical. Jack Fiechtner Images

Job search / from page 9

if there are people in charge of the teams.

SU senior Garrett Kopich, a member of the visionary board, talked about how the visionary board sort of leads the class in a direction. He also talked about how being on the board has really helped him with the class.

"I'm constantly thinking about it, constantly doing stuff that doesn't affect my grade," Kopich said.

This sort of student dedication is how Our First Job Search is achieving its goal.

"Our goal is you bookmark our site, and when you have time, you come on back. Wherever you are, just come on back," Morris said.

She is confident that this site can be a place for all students to utilize. As word has gotten out about the site, its viewership is going up, and more students are using it to their benefit.

"My students all know to use this. Some of the business school is starting to catch on," Morris said.

ris said. "But we want it to be a campus-wide tool."

The idea is for all majors to be able to go onto the site and find useful information about applying and obtaining the right job for each person.

Not only does this website offer many helpful tips and tricks for students looking for jobs, but both past and current students say that taking this class is very beneficial to them and their personal careers.

"I think, hands down, it has been the most beneficial class that I've ever taken in the business school, because it is all hands-on work with real-world application. It's not fluff content," Neville said. "I think it should be a required class for all marketing majors."

The certifications gained in class through HubSpot are ones that many employers are looking for in students.

Kopich explained these certifications, highlighting how they've helped him along the way.

"Through the certifications, as soon as you

get certified, they ask if you want to upload it to your LinkedIn, so I have all my certifications on my LinkedIn profile, which makes the people looking at my profile a little bit more interested in me," Kopich said.

Employers are seeking out potential employees who already have the skills gained through this class.

Our First Job Search will continue to run as long as there is a desire from marketing majors to take the class. Morris, Kopich and Neville all expressed how much they enjoyed taking and teaching this class.

When asking whether or not the course will be continued, Morris exclaimed, "I have no plans to shut it down. It's a fun class to teach."

As an SU student seeking out resources to aid in your first-ever job search, check out ourfirstjobsearch.com/.

SU students take on mental health with SMHILE

ANNIE GEITNER Staff writer

Mental health is an issue that almost every individual has experience in in some capacity or another. However, it continues to be a very stigmatized topic, even here at Salisbury University.

Two students, sophomore Kevin Ladd and junior Cassandra Duncan, are spearheading the SMHILE mental health initiative in the hopes of changing the mental health conversation here on campus.

Ladd describes the acronym SMHILE as "a Student Mental Health Initiative and Life Elevation."

Highlighting that the focus of the initiative is on the Salisbury University counseling and mental health facilities, Ladd expressed that he and other students feel the school is lacking in sufficient mental health resources.

SMHILE consists of a group of students who are trying to advocate for the resources that are needed at the university in order to provide proper mental health services.

Duncan expressed frustration about what compelled her to put this movement together.

"I started talking to people about counseling services, and I kept hearing, 'Oh, you have to wait so long, oh this, oh that,' all these complaints about mental health that shouldn't be a thing," Duncan said.

After more investigating on the issues that SU has with its counseling center, the duo found information that made what it is trying to do even more important.

"We have found out that there are not enough counselors on campus to facilitate the amount of students we have," Ladd said. "We have just about 9,000 students to three full-time counselors, which gives us an almost one to 3,000 counselor-to-student ratio."

He further expressed that these numbers were below both the national and state average for counselor-to-student ratio. The students emphasized that this is why SMHILE's mission is so important.

Ladd hopes that with this new initiative, and with enough student support, SMHILE will be able to raise awareness of the issue at hand, and it will lead to the implementation of change.



Members of SMHILE plan their next move strategically in their efforts to better the environment surrounding mental health on campus. Annie Geitner Image

Duncan expressed concern over how the need for these resources has been overlooked for far too long.

"The need is becoming more and more obvious," Duncan said. "This shouldn't be something that is the normal. Students should have the resources."

The short-term goal for this initiative is to have the students' voices heard and to acquire those much-needed resources. Among these resources, the students hope to gain three to four more counselors, a psychiatrist and a director to be hired in the counseling center, according to Duncan.

Duncan explained the long-term goal of this movement is to "build a community of inclusion and general well-being."

The hope is to create a campus community that is open and accepting of mental health. Duncan explained how there was more to come after their first goal was accomplished.

"This is just a first step," Duncan said.

SMHILE is an initiative that plans on being around for a long time here at SU.

When speaking about the next steps that need to be taken, Duncan stated, "We want it to be student-led."

Ladd continued on this point, highlighting that while the university is behind the initiative, they want to keep it student-based to help prove a point.

"This issue has become an issue that the school itself can't handle for whatever reason," Ladd said. "So the students have to take it into their hands."

The duo has already met with President Wight about SMHILE and discussed what it is aiming to achieve. SMHILE may be student-run, but in order for its cries to be heard, it must attract the attention of higher-ups.

Duncan expressed gratitude for Wight meeting with them.

"We requested that meeting; we were really appreciative of that meeting because it's not something he has to do," Duncan said.

During the meeting, the small group of SMHILE representatives and Wight spoke about

SMHILE / page 12

Members of Salisbury University's Alpha Phi Omega work to "smash" breast cancer

CAROLINE STREETT / Gull life editor

Members of Salisbury University service fraternity Alpha Phi Omega gathered in Red Square Oct. 26 to smash pumpkins for breast cancer.

The fraternity welcomes all members of the SU community to join its organization and take part in the many events that it holds on campus.

Members of the fraternity decided on the pumpkin smash event because they felt it was a lighthearted way to tackle a serious issue.

SU junior and APO Vice President of Service Nicholas Sanders was behind the planning for the event, and he felt that this was the best structure for students to be intrigued and want to contribute to a great cause.

"This event is about 'smashing' breast cancer because all the funds go to breast cancer research, and we thought it'd be a fun stress-relieving idea to come out and smash pumpkins," Sanders said.

Aside from pumpkin smashing, the event also offered students the option to paint a pumpkin of their choice for \$4. The fraternity provided pumpkins, paint, tools for smashing like baseball bats and a tarp to collect the pumpkin remnants.

APO Vice President Austin Altizer emphasized the importance of the enjoyable aspect of the event.

"The event is important because you want to have a fun way to tackle such a serious epidemic like cancer, and this was a fun way to raise money and raise awareness," Altizer said.

The three-hour-long event ended up raising \$231, all of which APO donated to the American Cancer Society.

SU sophomore Chelsea Ofori attended the event and chose to smash a pumpkin for her donation.

Ofori initially partook in the event to give toward a great cause, but she realized that she too benefited from the event in that she was able to exert her negative energy and stress into the activity.

"Honestly, that felt so stress-relieving and awesome," Ofori said. "I just feel like I'm using all my energy for the right things and for a really great cause."

The pumpkin smash event was only one of many events that APO holds and takes part in throughout



SU student relieves stress at APO Pumpkin Smash for Breast Cancer event / Emma Reider image

the academic school year. Other events that the fraternity does consist of making bagged lunches for HALO, a local homeless shelter in Salisbury, clothing drives and a lot more.

APO is the only co-ed service fraternity on campus, and on a national level, APO has over 495,000 members on over 375 campuses nationwide, according to APO's official website.

The president of the fraternity, SU junior Chris Giuliani, emphasized the importance that diversity and inclusion play in the fraternity.

"We are really just looking for members who really want to give back to their community more," Giuliani said. "We place a large focus on brotherhood and trying to work together as one."

Giuliani highlighted that the fraternity is extremely diverse in its members, and what sets it apart from other organizations on campus is its primary goal to give back and help the community.

APO's vision and mission is to "be the premier,

inclusive, campus-based, leadership development organization through the provision of service to others and the creation of community," according to APO's official website.

Giuliani initially wanted to join Greek life on campus for the social aspects, but the second he heard APO's mission, he felt drawn to this specific organization.

"This was a great option for me because I wanted to do a social fraternity, but I wanted to be able to give back to my community because I have a deep passion for community service, so this just seemed like the best opportunity," Giuliani said.

For more information on Alpha Phi Omega, contact APO President Chris Giuliani at cgiuliani1@gulls.salisbury.edu.

Salisbury University works to empower women in STEM

STEPHANIE RIVERA / Staff writer

The STEM field has been historically male-dominated; however, men like Charlie Endicott are able to recognize the growing importance of female representation within the field.

Endicott is the associate director at Salisbury University's Career Services, and he wanted to empower the women of SU to defy the odds of gender stereotypes with the organization of the first Women in Stem Career Services event.

The event spanned through two nights between Oct. 23 and Oct. 24 and was in recognition of powerful women in the STEM field.

The first event consisted of a panel discussion, with panelists coming from different areas of the STEM field. Ranging from NASA to the local Salisbury Zoo, each of these women provided a unique perspective and words of advice for others who wanted to pursue careers within this field.

Chandra Knabel, IT services strategy and compliance director of Breakthru Beverage Group, was one of the panelists selected to speak at the event.

Knabel worked to summarize her advice for potential job candidates in the crowd.

"Be personable, well-rounded and make a connection that will set you apart from other candidates," Knabel said.

Networking and communication were common themes of the night, with an emphasis on creating unforgettable connections to your employer, who has the ability to set you apart from other job candidates.

Director of Human Resources at Eurofins Agroscience Services Heather Hillaert also gave advice on how women can be successful in a male-domi-



/ Amy Wojtowicz Graphic

nated field.

Hillaert highlighted that fear is the largest obstacle, and once you overcome that, your options are limitless.

"The only thing you can control is yourself and your contribution," Hillaert said. "Do not be afraid to prove yourself by hard work and resourcefulness. There are many candidates out there for each role. Highlight what makes you feel special through the interview and after you are in your job."

Establishing a connection with potential employers is a common struggle within college students, which is what the STEM networking night worked to help out with.

Throughout this event, students were able to create connections with organizations ranging from Harvard Bioscience Incorporated to Whiting-Turner Contracting Company.

SU junior Marie Martin knows what it is like to feel marginalized and intimidated by a predominantly male-dominated field.

Majoring in medical laboratory science, Martin compared the domination of men in the STEM field to the metaphor of an artery with a Band-Aid — not healed, and still a lot of work ahead in regard to progress of women's equality in the field, and in many fields, for that matter.

"It's still kind of like a Band-Aid on an artery. There's still blood pumping out, and there's still a lot of really stop-gap measures that you should be looking at the broader societal restraint of women in terms of these fields," Martin said.

Though she feels marginalized in the field, Martin also feels empowered by her other female peers who, like her, are working to defy the stereotypes and make a name for themselves in the field.

With events like the Women in STEM event held by the university, Martin does feel that SU is taking the right steps toward vocalizing a known issue and calling attention to it in a positive light.

"I think that it shows that SU understands that it's a problem," Martin said.

SU's Career Services hopes that events like the Women in Entrepreneurship event help to provide a baseline as to cultivating one's unique career path and establishing connections that the average college student would not have access to.

"I want women to look at these panels and think, 'Why can't I do that?' and leave knowing that they can," Endicott said.

Students seeking more information on panels and job resources can visit Career Services inside the Guerrieri Student Union, Room 133.

SMHILE / from page 10

the need for mental health resources here at SU as well as the urgency behind this initiative.

Duncan recalled, "He had mentioned, quote, 'Money was no object when it came to solving this issue.' We kind of want to hold him to his word on that. If money is no object, why is this still an issue?"

Both Ladd and Duncan expressed confusion and frustration on how the university was able to allow these problems to go on for so long.

"Last year, there was a petition that went around to increase the number of counselors

here, and it got a huge amount of support, and nothing was ever acted on. It might have something to do with the budget allocations, where they are putting the money," Ladd said. "It's just not a priority. It's not seen as important."

SMHILE is a fairly new student initiative, but as it gains momentum, its voice will be heard more and more. The duo is sure that change is on the horizon for SU.

The group is actively trying to get the word out about the initiative, and any and all student involvement is welcome. As of right now, SM-

HILE meetings are held in the library from 6:30 p.m. to 8:30 p.m. on Thursday evenings. For more information about SMHILE, contact either Ladd at (443) 944-1815 or Duncan at (410) 979-4990. ►

Zombies and runners unite to support Student United Way

LAURA AMRHEIN / Staff writer

CAMPUS HAPPENINGS – Runners and zombies and medals, oh my! On Oct. 26, Salisbury Student United Way hosted its sixth annual Halloween Zombie Infested 5K and One-Mile Walk.

Members of both Salisbury University as well as the Salisbury community came out to support the event and to have a fun and spooky time.

The overall winners for the 5K included Yousuf Al Naseri, who placed first both in the men's division and overall with a time of 16 minutes and 24 seconds, and Laura Amrhein, who placed first overall in the women's division with a time of 19 minutes and 58 seconds.

Salisbury Student United Way is the college chapter of the United Way of the Eastern Shore. Salisbury Student United Way allows students to help raise money and partake in service throughout the community.

SU senior Katlynn Tatterson, the 5K coordinator, worked hard to make sure that the event had a good turnout that was successful in giving back to the community.

"We are just the college chapter of United Way, and we support them," Tatterson said. "We raise money for them. With the Halloween 5K, all the proceeds go to United Way, and we do other events as well."

The other off-campus events include community service projects such as ramp building, as well as working for God's Kitchen and Dia-konia.

The Halloween 5K is an annual event, and every year, the theme is zombies and Halloween. Participants are encouraged to dress head-to-toe in ragged, zombie-like apparel while they run through SU's campus.

Salisbury United Way believes that having an event with a fun and spooky theme creates more of an interest among college students and the Salisbury community.

"It is a big theme for us ... for Halloween, we do the zombies every year, because it's a good way to get college students engaged with it, to dress up in costume and try to ... make them [the runners] feel like they are celebrating Halloween and not just running a 5K," Tatterson said.

Sophomore Claire Heartlove was one college student who decided to run in the 5K. She was a zombie the previous year and enjoyed both experiences. Heartlove won first place for her age



Student United Way Image

group.

"My friend asked me if I wanted to do it [this year], and I was a zombie last year ... And so I knew it was just going to be a really fun, chill race, and so I agreed," Heartlove said.

Salisbury Student United Way utilizes volunteers from the community to make the event happen. College students often dress up as the zombies, while many businesses throughout the community are willing to either sponsor runners or provide prizes for the runners.

"Zombies are volunteers, usually college students, and we actually had a professional makeup artist who contacted us and wanted to help us do the zombie makeup ... we have other volunteers who also just did some basic makeup and stuff like that," Tatterson said. "We just contacted a lot of other groups on campus, mainly for zombies and for volunteers for the entire event."

After the race, runners and volunteers were able to stay for an "after party," which included

games for the kids who participated, an awards ceremony, a costume contest and food and beverages, including coffee from Rise Up Coffee.

"The after party was good, they had a lot of refreshments ... And the radio station was there playing music, so it was a good time," Heartlove said.

Runners and SU's Student United Way look forward to the seventh annual race that will be held next year in October. ►



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SPORTS

HIGHLIGHTS

NARUM SPEARHEADS WOMEN'S SOCCER / p16

Senior athletes reflect on Salisbury careers

BRANDON STARK / Staff writer

SENIORS – Senior libero Hailey Dougherty has been a key player and leader for Salisbury University volleyball over the past four years. Dougherty is one of three seniors that suited up for the team this season.

The Nazareth, Pennsylvania native was named the 2019 Capital Athletic Conference Defensive Player of the Year after leading the conference with 583 total digs and 5.35 digs per set. Dougherty is the eighth Sea Gull to win a CAC Player of the Year award and the first since 2016.

Dougherty was also named to the All-CAC First Team this season and All-CAC Second Team in 2018. She has appeared in 113 matches and 416 sets for the Sea Gulls throughout her career.

Entering the CAC semifinal matchup on Thursday at the University of Maryland, Dougherty sat fourth all-time in school history with 1,851 digs.

Salisbury volleyball has compiled a 73-40 record over Dougherty's four years on the team.

Since Dougherty's freshman season in 2016, the team has nabbed at least one victory over every current CAC member, as well as Wesley College, Marymount University, Penn State Harrisburg and Frostburg State University, which were all members in 2016.

After being recruited by head coach Justin Turco in high school, Dougherty fell in love with the campus during her visit to Salisbury. Dougherty said the school presented a complete package for her. "I know I wanted to come down in the Maryland/Virginia area, so when I came down here for a visit,



Hailey Dougherty prepares for the incoming serve/ Sports Information Image

I fell in love with the campus," Dougherty said. "[I knew] I wanted to [study] business, and so the Perdue Business School was obviously amazing."

Some of Dougherty's favorite memories on the team include defeating Christopher Newport University her freshman year, playing Maryland in the CAC Semifinals last year and defeating Susquehanna University in the Sea Gull Classic early in the season.

When reflecting back on her four years in the maroon and gold, Dougherty says a life lesson that she learned on the court was how to become a leader. "I learned a lot of leadership. Coach Turco and the different teams and different girls I've been able to work with has taught me a lot about myself," Dougherty said. "I had to start as a leader my sophomore year, so I've really been able to grow within

myself and grow as a leader on and off the court and make some friendships I know will last for a while."

Senior defender Alex Eiben, a Jefferson, Maryland native, has played a key role for Salisbury's men's soccer team since his sophomore season.

After only a single appearance his freshman year, Eiben started in the rest of his 57 games played in the maroon and gold.

As a junior, Eiben was named to the All-CAC Second Team and United Soccer Coaches All-South Atlantic Region Third Team.

The team has a 28-22-7 record over the last three seasons, holding opponents to just under one goal per game and recording 15 shutouts.

Eiben says that being a Sea Gull has led to him being viewed as a role model, especially to younger athletes in the area.

"Being a Sea Gull in the community is pretty cool, being looked up to from high school kids," Eiben said.

With the challenges of being a student athlete, Eiben holds himself to high standards on the field and in the classroom.

Eiben chose to come to Salisbury after graduating from Brunswick High School because of the affordability, the size of the school and his brother, Nathaniel Eiben, being a senior on the soccer team. Alex, like his brother, is a business major at Salisbury.

SENIORS/ page 15

Success starts up front for SU football

DANIELLE TYLER / Staff writer

FOOTBALL – Five Salisbury football players were acknowledged for their performance in the Route 13 rivalry, but their impact this season goes beyond the stat sheet.

The line helped Salisbury to a prolific day on the ground, tallying 506 yards of total offense with 417 on the ground. This was the most yards Wesley College had given up in a game since 2016, and it led to Salisbury claiming a 45-38 victory in the matchup.

But this front for Salisbury has been the key to success in all seven of the Sea Gull victories this year.

The Sea Gull offensive line consists of seniors Tyler Rosello, Tyler Norwood and Owen Bolyard and juniors Caleb Weatherford and Joseph Osborne. This unit was named to the d3football.com Team of the Week on Oct. 15.

On Oct. 16, the Sea Gulls moved into the top 10 in Division III football for the first time since 2012.

Salisbury sits at No. 7 in the d3football.com poll and No. 10 in the American Football Coaches Association poll. The team boasts a 7-0 overall record with five wins over its New Jersey Athletic Conference opponents.

Osborne said being an important player for a top team in D-III football is a highlight for his collegiate career.

"It's a great feeling. I've never, ever been in that spot before," Osborne said. "Especially personally, I've helped a lot. I wasn't just someone on the sidelines, and I was a part of that."

The maulers up front have been a big factor in the Sea Gulls' success this year, as they have helped this offense evolve in different ways.

During the 2018 season, the Sea Gulls totaled 26.5 passing yards per game and 348.5 rushing yards per game.

Rosello said there were multiple injuries on the offensive line last year that hindered the unit's communication. All five starters on the line have been healthy this season, which has played a major role



The Salisbury offense prepares for a play against Wesley College/ Sports Information Image

in the unit's success.

"Specifically, injuries last year, three to five, maybe four of us were hurt, so I think the communication was off, and this year, the communication is big," Rosello said. "We've all been together this whole year. All year long, we've been able to communicate and really talk during the games."

The 2019 Sea Gulls are racking up yards on offense. The team averages 445 total yards in each game, with 323.4 rushing yards per game and 121.6 passing yards per game.

This is the first time since 2008 that Salisbury's offensive line has been recognized in D-III football.

The Sea Gulls have struggled to have five offensive line starters that perform well and stay healthy in the past. Head coach Sherman Wood said the players decided this season would be different.

"They said 'Look, we're going to make sure that's not the case anymore.' They don't want to be close ... they want all of it," Wood said. "I think it's created cohesiveness and continuity, and they were confident and had goals. They wanted to make sure they crossed the 'T' and dotted the 'I' this year."

Last summer, all five starters on the line stayed in Salisbury to work on their chemistry and become a stronger force up front. They conditioned together, worked out together, worked together and even ate together.

Another factor in the success of the Salisbury front line this year is the experience the players have gathered over the past years. Getting time on the field with each other has helped boost the chemistry and makes them work better as a whole on game day.

FOOTBALL/ page 16

Former Sea Gull returns to lead men's basketball

COREY YOUNG and NICK LEWIS / Staff writer, Sports editor

MEN'S BASKETBALL—On April 15, Salisbury University announced that Maurice Williams had accepted an offer to become the next head coach for the men's basketball program.

But even though Williams will be the new head coach for the Sea Gulls, this is not his first time flying with the flock. The basketball journey for Williams began long before he accepted the new position.

Williams grew up in a town located just outside of Columbus, Ohio. Basketball was a key part of his life growing up.

Williams said he has been playing for as long as he can remember.

"I started the game of basketball as soon as I was able to walk," Williams said.

Williams first recalls shooting hoops at his church in Ohio at a young age. He played Amateur Athletic Union basketball and continued playing through middle and high school.

When the time came to look at colleges, Williams wanted to go to the biggest school possible. But Williams said he was unsure about the level of competition he fit in.

"For me, I didn't think I was a Division I player, but I did not know much about Division III," Williams said.

After his family moved to Maryland, Williams opted to attend a school closer to his new home.

This would be the first time Williams arrived at Salisbury University.

Williams tried out for the Salisbury basketball team, but ultimately did not make the cut. Ironically, Williams was informed of this in the same room he now calls his office.

Williams instead decided to get involved on the track and field team at SU. Williams said this was a big decision for him, as it helped him get back in the athletic groove.

"It was one of the best experiences from me, because it reminded me of what being a part of a team felt like," Williams said.

Williams went home after the year and coached at a summer camp at the University of



New head coach Maurice Williams spins the basketball on a finger/ Emma Reider Image

Maryland, Baltimore County. He said he would often play pickup games with the players afterwards.

This is where Williams ran into Webb Hatch, the head basketball coach at Frostburg State University.

Hatch told Williams to come to Frostburg and try out there. Williams had never heard of Frostburg and was unsure about the idea of attending the school.

But Williams ultimately decided he wanted to pursue basketball. He did make the team at Frostburg and was very successful from his sophomore season on.

Williams was a star player for the Bobcats, especially in the 2011-12 season, his senior year. Williams was named to the All-CAC First Team for his efforts and led the conference in points per game, free throw percentage and offensive rebounding.

After his playing career, Williams quickly transitioned into coaching. But he did not take long to return to Salisbury.

The Sea Gulls won the CAC Tournament for the first time in 18 years under head coach Josh Merkel in the 2014-15 season. Williams was on the staff as an assistant coach during the season.

Williams left Salisbury after the season and served as an assistant coach for Frostburg, Stevenson University and Johns Hopkins University over the next several years.

Williams eventually landed an assistant coaching gig at Longwood University, a struggling Division I school. Before Williams arrived at Longwood, the team had just two ten-win seasons out of its last seven.

The Lancers won more games the year Williams joined the staff than in their two previous seasons combined, a nine-win improvement from the previous season.

The 16 wins in the 2018-19 campaign were the most wins in a season for Longwood since 2009. Williams helped to turn the program around in just one season.

Meanwhile, Salisbury was undergoing turnover at the head coaching position. After the leave from former head coach Andrew Sachs, the Sea Gulls turned to then-assistant coach Brian McDermott to lead the flock for the 2018-19 year.

Williams said his experience with so many different schools was a key factor in coming back and accepting

Williams/ page 15

Throwing more than an "option" for Salisbury football: Column

NICK LEWIS / Sports editor

Fans of Salisbury football know what to expect from the Sea Gull offense on most plays.

The Sea Gulls run a triple-option offense, meaning on each play, the quarterback has the "option" to hand the ball off up the middle, keep it himself or pitch it to another back to the outside.

This offense is familiar to many college football fans, and many schools utilize it to gain chunk yardage on the ground and wear down opposing defenses.

But Salisbury's offense has added an additional wrinkle to the typical triple-option scheme, which has brought it to a new level in 2019.

The Sea Gulls are throwing the ball, and they've been efficient through the air as well.

For context, Salisbury slung the rock 46 times in 2018. With two games left to play, it has 84 pass attempts.

It's bringing in over four and a half times more passing yards per game at 121.6 in each contest. This ranks over almost a hundred yards over last season's mark of 26.5 passing yards per game. Salisbury has not seen this level of passing success since the 2015 season, when junior quarterback Ryan Jones chucked the rock 118 times for 1,232 yards and 13 touchdowns.

The Sea Gull offense is averaging 445 yards per game this season. This is in large part due to the increased role of the improved aerial attack. While the rushing yards are down from last season on a per-game basis, the overall offense for Salisbury has taken a significant step forward.

Having this in the offensive arsenal could be important as Salisbury heads into the NCAA Tournament. It will likely have to square off against some of the better defenses in Division III football, defenses that have seen plenty of triple-option looks throughout the year.



Jack Lanham runs into the end zone for the SU football team/Sports Information Image

Head coach Sherman Wood said the ability of the players this season has helped the staff be more creative in their offensive looks.

"This year, and the past couple of years, we've been able to recruit some pretty good wide receivers with some good size, guys that can play and stretch the field," Wood said. "Once you stretch that field, anything and everything opens up; the run, the pass or whatever the case may be."

A large reason for the increased role of the air attack has been the standout play of sophomore quarterback Jack Lanham. While he was not originally slated as the starter for 2019, he has done more than enough to earn the starting job for the remainder of the season and for the foreseeable future.

Lanham has completed 37 of his 67 attempts for 712 yards with eight touchdowns and one interception. He also leads the Sea Gulls in rushing, notching 80 carries for 496 yards and six touchdowns through

seven games.

The sophomore is also the only player on the roster to earn two NJAC Player of the Week awards this season.

Lanham said the aggressiveness of the offense has helped the players succeed in different situations. "I think it starts with our play-calling, because we're a lot more aggressive this year," Lanham said. "It's a credit to the coaches calling the plays ... when they call the plays, they believe in us to do it and it gives me confidence to make the throws."

After suffering an injury last season, Lanham developed in his role as a leader on the team despite not being able to suit up on Saturdays.

Wood said that although Lanham has performed well in between the lines, his ability to lead his teammates has been the biggest development.

"He is extremely competitive," Wood said. "I think

Offense/ page 15

Seniors/ from page 13

Eiben said playing with his brother played a large role in his decision to don the maroon and gold.

"[My brother] was a senior when I was a freshman, so I figured that would be cool to play one season with him ... his last season," Eiben said. "So, coming down, watching some of his games through his four years and seeing how the team worked and operated was also a big interest for me."

Eiben's favorite memory as a Sea Gull was scoring his first career goal, a game-winner in double overtime off a Mathew Zimmerman assist to defeat the Catholic University of America in his sophomore season.

Eiben said getting redemption for a mistake he had made early in that contest made the goal a little sweeter.

"Earlier in the game, I made a mistake, and [the Cardinals] ended up scoring a goal, tying up the game," Eiben said. "[Zimmerman] sent a cross in on a corner kick, and I was right there, the ball was coming right toward my face, and I was right in front of the goal, couldn't have missed, easy tap in, game winner, it was just a great feeling."



Alex Eiben winds up to throw the ball into play/ Brendan Link Image

Reflecting back on his career at Salisbury, Eiben says that he has really learned to be there for his teammates and help and support them whenever they need it.

"We have three core values, which is family, integrity and grit, and I think the one that stands out to me the most is family, and also going off of that is

being a great teammate and supporting your teammates not only on the field, but off the field and in the classroom," Eiben said. "Being on this team, we're always there for each other. If we need help or we are struggling academically or outside of school or on the field, we always try to pick each other up."

Freshman keeper shines for men's soccer

ALEX BOESMAN / Staff writer

Salisbury University's men's soccer team boasted a crowded but talented goalie room this season. Four freshmen vied for the starting job heading into the first game, but it was senior Sam Roy who led the group to start the campaign.

However, an injury to Roy would shake up the game plan for the opening matchup: freshman and James M. Bennett High School alumnus Gabe Dunn stepped into goal for his first collegiate contest.

Salisbury would lose the game, but Dunn made three saves and looked at the outing as an opportunity to grow.

"There were some nerves for sure, but as a defense, we settled into the game, and although we didn't get the result we wanted, it was a good step to build off of," Dunn said.

After the opening action, Dunn stayed patient and continued to work with his fellow goalies to train and refine his skills. The benefit of having other goalies on the roster has pushed all of them to play at their best.

Head coach Alex Hargrove says having depth at the position provides a significant benefit to the team in practicing.

"It's been fantastic for the entire training environment in terms of activities we're able to run and certainly from a developmental opportunity for the goalkeepers," Hargrove said. "It opens up the range of opportunity with the type of exercises and the amounts of reps."

But fellow freshman Ryan Miller would burst on the scene, starting nine of the next 11 games for Salisbury. He recorded a 1.09 GAA in his time in goal in 2019.

Dunn's next chance to start came against Christopher Newport University on Oct. 12. The Sea Gulls would lose the game, but Dunn showed promise and started the next two contests in goal for Salisbury against conference foes York College and St. Mary's College of Maryland.

Against York, Dunn put together an impressive five-save shutout, leading Salisbury to victory and ending a four-game losing streak. Dunn allowed a goal in the next match against the Seahawks, but recorded five more saves and helped the Sea Gulls to back-to-back victories.

Dunn did not start the following game against the University of Mary Washington, but started the final three games of the season.



Gabe Dunn observes the field after making a save/ Sports Information Image

Hargrove said the Sea Gulls were at their best down the stretch with Dunn in goal.

"We're looking to put the best 11 guys out that give us the best chance to win the match," Hargrove said. "We want a goalkeeper that is consistent day to day, a keeper that communicates well and controls his box."

Establishing communication between the various goalies and the defense was critical for Salisbury.

Senior defender Trent Hofmeister praised Dunn's communication to the rest of the defense.

"Gabe is really vocal back there. He's stepped up and been a leader for me, Evan [Koehn], [Kyle] Munson and [Matt] Mackenzie, and all the guys that play on the backline," Hofmeister said.

Dunn's performance should come as no surprise, as he had a successful high school career, winning the Bayside Championship in his senior year at Bennett High. During his time at Bennett, he also often attended Hargrove's soccer camp and became familiar with many of the upperclassmen he would soon call teammates.

Dunn said this helped build chemistry with his teammates before ever suiting up in the maroon and gold.

"I've done the soccer sessions camps with coach Al since he was a player," Dunn said. "Now coming in and the seeing the upgrades in terms of the people I play with ... seeing those guys out there and now playing with them is a cool transition."

Dunn recorded his second shutout of the sea-

son in a 2-0 win over Southern Virginia University on Oct. 26. The Sea Gulls would drop the next two and end the year with a 9-9-1 record.

Dunn finished the season with a 3-4 record, notching 31 saves and a 1.13 goals against average.

Hargrove said having this level of depth at goalie is a change from previous years.

"Before, we had a clear and established number one, and this year, we have five keepers, and any number of those guys [has] shown the ability to step up," Hargrove said.

Dunn was the established number one at Bennett, but he adjusted to his situation and became a better keeper because of it.

Dunn said that training with the other goalies brought a new level of competition, especially knowing that everyone in the room could start.

On a week-to-week basis, Dunn's preparation during the season remained the same. He strived to prepare as if he was starting every week because he knew his number could be called on any given night.

"I prepare the same way every time because [Hargrove] is super comfortable with all of us, so he can switch it up at any given point, and I'll do what is needed to support the team, whether that's being a supportive teammate on the bench or being in goal," Dunn said.

Williams/ from page 14

the job.

"Since I have been a coach at so many different programs worked with so many different guys in such a short amount of time, it really helped me develop my philosophy and learn how to build a culture," Williams said.

Haven Simmons, a professor at Salisbury, met Williams while playing basketball in Maggs Physical Activities Center.

Simmons said he could tell the type of culture Williams plans to bring to the Salisbury program.

"He has the personality to promote the basketball program in a positive way," Simmons said. "He is very enthusiastic about the task at hand."

Williams has worked with several successful coaches, helping him to build the ideas of how he thinks a program should be run.

Simmons believes Williams brings a lot to the table as a coach.

"He is very relevant to our players because he is a young man who is accomplished as a player and as a coach," Simmons said.

Williams said he views Salisbury as a great place. As a man who recently became a father, he also calls

Salisbury a great place to raise a family.

Williams has gotten off to a strong start at the helm, as Salisbury knocked off Division I opponent University of Maryland Eastern Shore in the 10-Mile Tipoff for the second straight season.

Going into the 2019-20 season, Williams wants his team to grow every day on the court, and that starts at practice.

"Our practices are structured to compete," Williams said. "And if we keep putting good things together, great things will happen."

Senior leading women's soccer to new heights

DANIELLE TYLER / Staff writer

Senior midfielder/forward Lydia Narum has become a dominant force leading to Salisbury's best record through 15 games since 2007 (11-2-2, 7-0 CAC) as well as a leader on and off the field.

But her high school career featured more than just leading the offense.

Narum played seven games in her senior year at Gaithersburg High School. She recorded 11 points, nine goals and two assists before her team lost in the playoffs.

While Narum was playing midfielder/forward in high school, she was also training the goalies and loosening them up before every game. She played goalie when she was younger, and that previous knowledge helped her teach the goalies to be consistent.

During her last season, the starting keeper sustained an injury that resulted in Narum being thrown in. She said that the injury happened before the playoffs, and she was forced to take the reins in the net.

"Our goalie got a concussion right before playoffs, so I got put in goal because I was the one coaching her, and we didn't have a backup," Narum said. "We actually did very well after that."

Narum's favorite memory was being with her teammates and creating the atmosphere with her team.

When deciding on what college to go to, Narum had two options: American University and Salisbury University.

She chose Salisbury because it is just a two to three-hour drive for her parents to come to her games. Narum also chose Salisbury because she wanted to major in biology, and American is more politically oriented.

Narum said that having a learning disability played a role in her decision as well. She wanted a class size that was small enough to have a relationship with all her teachers, and Salisbury offers that.

"With my major, the size of the school and having a learning disability, I couldn't go to a really big school," Narum said. "I needed an atmosphere where there would be, like, 20 people, all my teachers could know me and Salisbury has been the perfect fit while having a good soccer team."



Lydia Narum dribbles the ball up the field /Sports Information Image

Narum has shined since joining Salisbury in 2016. In her first three seasons in the maroon and gold, Narum recorded four goals and eight assists for 16 points.

But Narum truly went out with a bang in 2019. She wrapped up the season with eight goals, two of which were game winners, and 17 points.

Her previous season-highs were two goals and six points.

Narum's offseason preparation helped her performance differ from past seasons.

Narum played with a U-23 professional team over the summer while training with one of her previous soccer coaches and working on strength and conditioning. She explained that those three factors helped her gain endurance and practice moving into this season.

"I was doing the three different things to where the pro team allowed me to play games with DI players, so it was a fast pace, very quick and very urgent atmosphere in the game," Narum said. "Strength conditioning just put me in great shape, which allows me to play that wide position, where I'm running from end line to end line ... then training with my coach, he focuses a lot on shooting technique, so that helped

in that area."

In addition to her team-best eight scores, Narum also started every game for the Sea Gulls in 2019.

Narum received the CAC Offensive Player of the Week award on Oct. 14 after tallying three goals in the week. In Salisbury's 4-0 win over York College on Oct. 9, Narum notched her fifth and sixth goal of the season.

In its next game, Salisbury earned a 5-2 win over third-ranked Christopher Newport University. This was Salisbury's first win over CNU since 2012, and it ended CNU's 37-game unbeaten streak.

Head coach Kwame Lloyd said defeating CNU, where he formerly coached, was a big accomplishment for himself and for the team.

"You know, it's been a monkey on my back for a long time. I was there for eight years and led that team to the Elite 8 appearance," Lloyd said. "I always dreamed on Salisbury being 'that CNU' of Maryland, and it was just a process of building that team, having the confidence in the players and them having confidence in themselves."

Narum finished the year tied for second in the CAC in goals (8) and tied for fifth in points (17).

Lloyd expressed that Narum has been a leader on and off the field and came into the 2019 season in the best physical condition of her collegiate career.

"She's as fit as she's ever been, she's a leader on and off the field and takes care of the players away from the game," Lloyd said. "I think she's very tenacious, she can go for the 90 minutes, her fitness level is above standard, she wants the ball and is willing to move and she looks to be dangerous."

Senior forward Julianna Boller said the Sea Gulls feel very secure when Narum is at midfield because they know how much work she puts in.

Boller said Narum's effort on every play makes her one of the driving forces on the team.

"It's nice to know that she is back there, and we know that she will run down every ball, and she won't stop until she gets the ball," Boller said. "She's hardworking, she is always super motivated and always positive." ●

Football / from page 13

Sophomore quarterback Jack Lanham said having that line in front of him gives him a type of security and allows him more time in the pocket after receiving the snaps.

"Basically, when the offense scores points, it's because of the offensive line," Lanham said. "They don't always get the credit, but they've been holding it down, so they get all the credit ... not us."

Lanham has played in all seven games for the Sea Gulls, throwing for 712 yards and eight touchdowns while rushing for 496 yards and six touchdowns. Lanham leads the Sea Gulls in rushing.

Bolyard said playing on the offensive line forces the teammates to be unselfish and acknowledge that their hard work can sometimes go unnoticed. He said to be acknowledged for a position that doesn't have stats online was exciting.

"We do all the dirty work ... we're not the selfish guys on the team," Bolyard said. "It was a little shocking for us to get some recognition, so you know, there were a lot of smiles in the locker room after we got recognized." ●

Offense / from page 15

the biggest deal was the leadership. I think I'm seeing even more of that than what I've seen on the field."

Salisbury only has two remaining games on its schedule, both on the road. It travels to face off against NJAC opponents The College of New Jersey and William Paterson University before looking at a potential trip to the big dance.

The threat of the triple-option combined with the added threat of play-action allows the Gulls to attack teams in multiple different ways and keep the

defense on its toes.

Offensive coordinator and quarterbacks coach Ryan Fleetwood said having this added versatility is key heading into the postseason.

"As you get into the playoffs and face tougher opponents, you're not scoring 50 points a game, and you need to take advantage of every opportunity you can get," Fleetwood said. "If you can put a couple scoring drives together, but then also get a couple cheap touchdowns by beating people over the top, that certainly helps you score as many points as you need to win." ●

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